

Active Management of the Third Stage of Labour

Ch. 4 - Intrapartum care - Midwifery - skilled birth attendants

1. Within one minute of birth, palpate the abdomen to exclude a second baby.
2. Administer oxytocin 10 IU IM into the lateral thigh.
3. Clamp and cut the cord after the recommended delay, observing asepsis.
4. Apply controlled cord traction with suprapubic counter-traction during a contraction.
5. Deliver the placenta slowly; inspect placenta and membranes for completeness.
6. Massage the uterus until firm; monitor tone and bleeding.



WATCH THE DEMONSTRATION

Scan the code, or visit:

<https://portfolio.ruavira.org/media/proc-demo-001/>

Asset PROC-DEMO-001 v1.0 - this link is permanent; the video behind it is kept current after every clinical review. No login required.