

## Resuscitation of the Newborn (Helping Babies Breathe)

Ch. 6 - Newborn care - Midwifery - Nursing - Community health

1. Anticipate: check equipment before every birth; dry the baby immediately.
2. Not breathing after drying? Clear the airway and stimulate briefly.
3. Still not breathing: start bag-and-mask ventilation within the Golden Minute.
4. Ensure a good seal and visible chest rise; reassess breathing and heart rate.
5. If ventilation is effective, continue until spontaneous breathing is established.
6. Document, keep the baby warm, and arrange escalation or transfer as indicated.



### WATCH THE DEMONSTRATION

Scan the code, or visit:

<https://portfolio.ruavira.org/media/proc-demo-005/>

Asset PROC-DEMO-005 v1.0 - this link is permanent; the video behind it is kept current after every clinical review. No login required.